The Heartland State Trail

The southern trailhead of the Paul Bunyan State Trail is located on Excelsior Road in Baxter. From the intersection of State Highway 210 and the State Highway 371 bypass in Baxter, go north 1 block to Excelsior Road, then go east 3/4 mile to Conservation Drive; the parking lot is on the left.

The northern trailhead is located in Lake Bemidji State Park. From Bemidji, go north on Co. Rd. 21 about 4 miles, then east on Co. Rd. 20 2 miles to the park entrance.

Parking is also available on the east side of Lake Bemidji in Lavinia and at 5th and Gould in Bemidji.

A parking area is located Southwest of Walker on State Highway 34 just south of the intersection of the Paul Bunyan and Heartland Trails, approximately 4 miles east of Akeley.

Parking for the Paul Bunyan State Trail is also available in Merrifield, Nisswa, Pequot Lakes, Jenkins, Pine River, Backus, Hackensack and Walker, and east of Akeley.

There is one National Forest Service parking lot located off of County Rd. 50 near the Shingobee Creek crossing. This lot is roughly at the mid-way point on the Chippewa section of trail.

The Heartland State Trail

Parking for the trail is available in Park Rapids at Heartland County Park, Dorset, Nevis, Akeley, Walker, Erickson’s Landing north of Walker, Steamboat Landing public water access/rest area and Cass Lake.

For additional copies of this map or other state trail maps, contact the DNR Information Center.

DNR Information Center
500 Lafayette Road
Saint Paul, MN 55155-4040
(651) 296-6157 (metro area)
1-888-MINNDNR [646-6367] (toll free)
TDD
(651) 296-5484 (metro area)
1-800-657-3929 (toll free)

Minnesota Department of Tourism
100 Metro Square
121 7th Place East
Saint Paul, MN 55101-2112
(651) 296-5029 (metro area)
1-888-TOURISM [868-7476] (toll free)

Minnesota Bikeway Maps
Minnesota Department of Transportation
395 John Ireland Boulevard
Room 110
Saint Paul, MN 55155
(651) 296-2216

MnDOT produces two maps (east and west MN) that grade the quality of road shoulders suitable for biking. There is a charge for these maps. Maps not available for the Metro area.

This information is available in alternative format by request.

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